Welcome to the Community Health Survey for Eastern North Carolina!

We are conducting a Community Health Assessment for your county. This assessment is being undertaken by a partnership of 33 counties, hospitals, health systems, and health departments in Eastern North Carolina. It allows these partners to better understand the health status and needs of the community they serve and use the knowledge gained to implement programs that will benefit the community.

We can better understand community needs by gathering voices from the community. This survey allows community members like you to tell us about what you feel are important issues for your community. We estimate that it will take about 20 minutes to complete this ~60 question survey. Your answers to these questions will be kept confidential and anonymous.

Thank you very much for your input and your time! If you have questions about this survey, please contact Will Broughton at will.broughton@foundationhli.org.

Part 1: Quality of Life

First, tell us a little bit about yourself...

1. Where do you o	currently live?
ZIP/Postal Code	

2. What county do you live in?

Beaufort	Franklin	Onslow
Bertie	Gates	Pamlico
Bladen	Greene	Pasquotank
Camden	Halifax	Pender
Carteret	Hertford	Perquimans
Chowan	Hoke	Pitt
Cumberland	Hyde	Sampson
Currituck	Johnston	Tyrrell
Dare	Lenoir	Washington
Duplin	Martin	Wayne
Edgecombe	Nash	Wilson

North Carolina County Map



3. Think about the county that you live in. Please tell us whether you "strongly disagree", "disagree", "neutral", "agree" or "strongly agree" with each of the next 9 statements.

Statements	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
There is good healthcare in my County.					
This County is a good place to raise children.					
This County is a good place to grow old.					
There is plenty of economic opportunity in this County.					
This County is a safe place to live.					
There is plenty of help for people during times of need in this County.					
There is affordable housing that meets my needs in this County.					
There are good parks and recreation facilities in this County.					
It is easy to buy healthy foods in this County.					

PART 2: Community Improvement

The next set of questions will ask about community problems, issues, and services that are important to you. Remember your choices will not be linked to you in any way.

	lease look at this list of comm quality of life in this County			nich	one issue most affects
	Pollution (air, water,		Discrimination/ racism		Domestic violence
lanc	d)		Lack of community		Violent crime (murder,
	Dropping out of school	sup	port	ass	ault)
	Low income/poverty		Drugs (Substance		Theft
	Homelessness	Abu	se)		Rape/sexual assault
	Lack of/inadequate		Neglect and abuse		
hea	Ith insurance		Elder abuse		
	Hopelessness		Child abuse		
	Other (please specify)				

5. In your opinion, which <u>one</u> of neighborhood or community? (A	the following services needs the replease choose only one.)	nost improvement in your
Animal control	Number of health care	Positive teen activities
☐ Child care options	providers	☐ Transportation options
☐ Elder care options	Culturally appropriate	Availability of
Services for disabled	health services	employment
people	Counseling/ mental	☐ Higher paying
☐ More affordable health	health/ support groups	employment
services	☐ Better/ more	☐ Road maintenance
☐ Better/ more healthy	recreational facilities (parks,	☐ Road safety
food choices	trails, community centers)	None
☐ More affordable/better	☐ Healthy family activities	
housing		
Other (please specify)		

PART 3: Health Information

Now we'd like to hear more about where you get health information...

6. In your opinion, which <u>one</u> he information about? (<i>Please sugg</i>	ealth behavior do people in your of eest only one.)	own community need more
☐ Eating well/ nutrition	Using child safety car	Substance abuse
Exercising/ fitness	seats	prevention (ex: drugs and
☐ Managing weight	Using seat belts	alcohol)
Going to a dentist for	☐ Driving safely	Suicide prevention
check-ups/ preventive care	Quitting smoking/	Stress management
Going to the doctor for	tobacco use prevention	Anger management
yearly check-ups and	☐ Child care/ parenting	☐ Domestic violence
screenings	☐ Elder care	prevention
Getting prenatal care	☐ Caring for family	Crime prevention
during pregnancy	members with special	☐ Rape/ sexual abuse
Getting flu shots and	needs/ disabilities	prevention
other vaccines	☐ Preventing pregnancy	None
Preparing for an	and sexually transmitted	
emergency/disaster	disease (safe sex)	
Other (please specify)		
7. Where do you get most of you	r health-related information? <i>(Pl</i>	lease choose only one.)
Friends and family	☐ Internet	Employer
☐ Doctor/nurse	☐ My child's school	☐ Help lines
Pharmacist	☐ Hospital	☐ Books/magazines
Church	Health department	
Other (please specify)		

8. V	What health topic(s)/ disea	se(s) w	ould you like to learn mo	re abou	t?
	Do you provide care for an aoose only one.)	elderl	y relative at your residenc	ce or at	another residence?
	Yes				
	No				
	Do you have children bet cludes step-children, gran		_	-	
	Yes				
	No (if No, skip to question	n #12)			
	Which of the following he ormation about? (Check a		_	ild/child	lren need(s) more
	Dental hygiene		Diabetes management		Drug abuse
	Nutrition		Tobacco		Reckless
	Eating disorders		STDs (Sexually	driv	ring/speeding
	Fitness/Exercise	Tra	nsmitted Diseases)		Mental health issues
	Asthma management		Sexual intercourse		Suicide prevention
			Alcohol		
	Other (please specify)				

PART 4: Personal Health

These next questions are about your own personal health. Remember, the answers you give for this survey will not be linked to you in any way.

12. Would you say that, in gener	ral, your health is	(Choose only one.)	
Excellent			
☐ Very Good			
Good			
Fair			
Poor			
☐ Don't know/not sure			
13. Have you ever been told by any of the following health cond		ther health professi	onal that you have
	Yes	No	Don't Know
Asthma			
Depression or anxiety			
High blood pressure			
High cholesterol			
Diabetes (not during pregnancy)			
Osteoporosis			
Overweight/obesity			
Angina/heart disease			
Cancer			

	Which of the following prevention of the following prevent	entiv	e services	have you ha	d in the	pa	st 12 month	18? <i>(Ch</i>	ieck
	Mammogram		Bone dens	•			Vision scree		
Ш	Prostate cancer		Physical e				Cardiovasc	ular	
scre	eening		Pap smea	•	(scre	eening		
	Colon/rectal exam		Flu shot			_	Dental clea		-
	Blood sugar check			ssure check			None of the	above	ļ
	Cholesterol	Ш	Skin cance	er screening					
Ш	Hearing screening								
	About how long has it been son? Include visits to dental s		•					•	
	Within the past year (anytime I	ess t	han 12 mor	iths ago)					
	Within the past 2 years (more t	than	1 year but l	ess than 2 ye	ars ago)				
	Within the past 5 years (more t	than	2 years but	less than 5 y	ears ago)			
	Don't know/not sure								
	Never								
	In the past 30 days, have the n going about your normal a		•	•	_	or	worried ke	pt you	
	Yes								
	No								
	Don't know/not sure								
	The next question is about al ce glass of wine, or a drink v			-	alent to	a 1	2-ounce bee	er, a 5	
	nsidering all types of alcoholi have 5 or more drinks (if m		0 ,	•		_	-	•	id
	0		12	☐ 16	<u> </u>)	<u> </u>		28
	1 5 9		13	<u> </u>	21		<u> </u>		29
	2		14	<u> </u>	<u> </u>	2	<u> </u>		30
	3	[15	<u> </u>	<u> </u>	3	<u> </u>		
	Don't know / not sure								

18. Now we will ask a question about drug use. The answers that people give us about their use of drugs are important for understanding health issues in the county. We know that

this	s inform	ation is pe	rsonal, but i	remember y	our answers	will be kept	confidentia	l.
inc	ludes m	arijuana, c	cocaine, crac	k cocaine, h	eroin, or an	When we say other illegate (Choose only	al drug subs	.,
		☐ 4 ☐ 5 ☐ 6 ☐ 7 now / not se	 □ 8 □ 9 □ 10 □ 11 ure kip to question	☐ 12 ☐ 13 ☐ 14 ☐ 15	☐ 16☐ 17☐ 18☐ 19	□ 20□ 21□ 22□ 23	□ 24□ 25□ 26□ 27	□ 28□ 29□ 30
19.	During	the past 30	0 days, whic	h illegal dru	g did you us	se? (Check a	ll that apply.))
	Marijua	ına						
	Cocaine	е						
	Heroin							
	Other (p	please spec	cify)					
pre ma	scriptiony times	on for (such s during th	as Oxycont	in, Percocet ys did you u	, Demerol, A	tion drugs th Adderall, Rit ption drug th	alin, or Xan	ax)? How
	0	<u> </u>	□ 8	<u> </u>	<u> </u>	<u> </u>	☐ 24	☐ 28
	1	 5	 9	 13				
	2	□ 6	<u> </u>	☐ 14	<u> </u>	<u> </u>	☐ 26	□ 30
	3	□ 7	<u> </u>	<u> </u>	<u> </u>	<u>23</u>	<u> </u>	
	Don't k	now / not s	ure					

US A	he next question relates to veteran's health. Have you ever served on active duty in t rmed Forces (not including active duty only for training in the Reserves or National d)? <i>(Choose only one.)</i>
Y	es
□ N	o (if No, skip to question #23)
	as a doctor or other health professional ever told you that you have depression, ty, or post traumatic stress disorder (PTSD)? (Choose only one.)
Y	es
□ N	lo .
regula	ow we'd like to know about your fitness. During a normal week, other than in your ar job, do you engage in any physical activity or exercise that lasts at least a half an a (Choose only one.)
Y	es
□ N	o (if No, skip to question #26)
☐ D	on't know/not sure (if Don't know/not sure, skip to question #26)
	nce you said yes, how many times do you exercise or engage in physical activity g a normal week?

	where do you go to exercise or engage in ph	hysical activity? (Check all that apply.)
	YMCA	Worksite/Employer
	Park	School Facility/Grounds
	Public Recreation Center	Home
	Private Gym	Place of Worship
	Other (please specify)	
Sinc	ce you responded YES to #23 (physical activity	ty/exercise), skip to question #27.
	Since you said "no", what are the reasons yoing a normal week? You can give as many of	
ш	My job is physical or hard labor	It costs too much to exercise.
	My job is physical or hard labor Exercise is not important to me.	It costs too much to exercise.There is no safe place to exercise.
	Exercise is not important to me.	There is no safe place to exercise.
☐ ☐ thing	Exercise is not important to me. I don't have access to a facility that has the	There is no safe place to exercise.I would need transportation and I
☐ thing	Exercise is not important to me. I don't have access to a facility that has the gs I need, like a pool, golf course, or a track.	 There is no safe place to exercise. I would need transportation and I don't have it.
thing	Exercise is not important to me. I don't have access to a facility that has the gs I need, like a pool, golf course, or a track. I don't have enough time to exercise.	☐ There is no safe place to exercise. ☐ I would need transportation and I don't have it. ☐ I'm too tired to exercise.
thing	Exercise is not important to me. I don't have access to a facility that has the gs I need, like a pool, golf course, or a track. I don't have enough time to exercise. I would need child care and I don't have it.	There is no safe place to exercise. I would need transportation and I don't have it. I'm too tired to exercise. I'm physically disabled.
thing	Exercise is not important to me. I don't have access to a facility that has the gs I need, like a pool, golf course, or a track. I don't have enough time to exercise. I would need child care and I don't have it. I don't know how to find exercise partners.	There is no safe place to exercise. I would need transportation and I don't have it. I'm too tired to exercise. I'm physically disabled.
thing	Exercise is not important to me. I don't have access to a facility that has the gs I need, like a pool, golf course, or a track. I don't have enough time to exercise. I would need child care and I don't have it. I don't know how to find exercise partners. I don't like to exercise.	There is no safe place to exercise. I would need transportation and I don't have it. I'm too tired to exercise. I'm physically disabled.
thing	Exercise is not important to me. I don't have access to a facility that has the gs I need, like a pool, golf course, or a track. I don't have enough time to exercise. I would need child care and I don't have it. I don't know how to find exercise partners. I don't like to exercise.	There is no safe place to exercise. I would need transportation and I don't have it. I'm too tired to exercise. I'm physically disabled.
thing	Exercise is not important to me. I don't have access to a facility that has the gs I need, like a pool, golf course, or a track. I don't have enough time to exercise. I would need child care and I don't have it. I don't know how to find exercise partners. I don't like to exercise.	There is no safe place to exercise. I would need transportation and I don't have it. I'm too tired to exercise. I'm physically disabled.

27. <u>Not</u> counting lettuce salad or potato products such as french fries, think about how often you eat fruits and vegetables in an average week.

baby carrots equal one cup.)	and vegetables would you say you eat? (One apple or 12
Number of Cups of Fruit	
Number of Cups of Vegetables	
Number of Cups of 100% Fruit Juice	
28. Have you ever been exposed to s	secondhand smoke in the past year? (Choose only one.)
Yes	
☐ No (if No, skip to question #30)	
☐ Don't know/not sure (if Don't k	now/not sure, skip to question #30)
29. If yes, where do you think you a only one.)	re exposed to secondhand smoke most often? (Check
Home	
Workplace	
☐ Hospitals	
Restaurants	
School	
☐ I am not exposed to secondhand s	smoke.
Other (please specify)	

	ewing tobacco and vaping.) (Choose only one.)	inc	cludes cigarettes, electronic cigarettes,
	Yes No (if No, skip to question #32)		
31.	If yes, where would you go for help if you wan	ıted	I to quit? (Choose only one).
	Quit Line NC Doctor Pharmacy Private counselor/therapist Other (please specify)		Health Department I don't know Not applicable; I don't want to quit
vac spr	Now we will ask you questions about your perceine can be a "flu shot" injected into your armayed into your nose. During the past 12 month hoose only one.)	n oı	spray like "FluMist" which is
	Yes, flu shot Yes, flu spray Yes, both No Don't know/not sure		

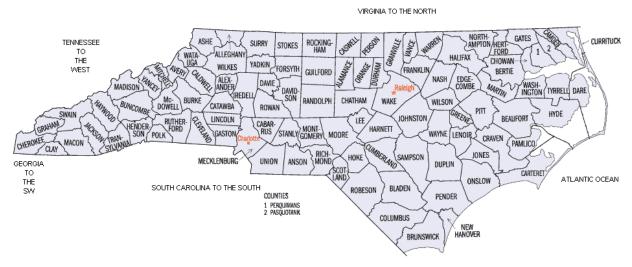
Part 5: Access to Care/Family Health

33.	Where do you go most often when you are si	ck? ((Choose only one.)
	Doctor's office		Medical clinic
	Health department		Urgent care center
	Hospital		
	Other (please specify)		
	Do you have any of the following types of hearerage? (Choose all that apply.)	alth i	insurance or health care
	Health insurance my employer provides		
	Health insurance my spouse's employer provide	es	
	Health insurance my school provides		
	Health insurance my parent or my parent's emp	loyer	provides
	Health insurance I bought myself		
	Health insurance through Health Insurance Mark	ketpla	ace (Obamacare)
	The military, Tricare, or the VA		
	Medicaid		
	Medicare		
	No health insurance of any kind		
you	In the past 12 months, did you have a proble personally or for a family member from any armacy, or other facility? (Choose only one.)	_	·
	Yes		
	No (if No, skip to question #38)		
	Don't know/not sure		

	36. Since you said "yes," what type of provider or facility did you or your family member have trouble getting health care from? You can choose as many of these as you need to.					
	Dentist		Pediatrician		Urgent Care Center	
	General practitioner		OB/GYN		Medical Clinic	
	Eye care/ optometrist/		Health department		Specialist	
oph	thalmologist		Hospital			
	Pharmacy/ prescriptions					
	Other (please specify)					
	Which of these problems pre- essary health care? You can o				0 0	
	No health insurance.					
	Insurance didn't cover what I/w	e need	ded.			
	My/our share of the cost (deduction)	ctible/d	co-pay) was too high.			
	Doctor would not take my/our i	nsuran	nce or Medicaid.			
	Hospital would not take my/our	insura	ance.			
	Pharmacy would not take my/o	ur insu	ırance or Medicaid.			
	Dentist would not take my/our	insurar	nce or Medicaid.			
	No way to get there.					
	Didn't know where to go.					
	Couldn't get an appointment.					
	The wait was too long.					
	The provider denied me care or	treate	ed me in a discriminatory	/ manner	because of my HIV	
stat	us, or because I am an LGBT in	dividua	al.			

38. In what county are most of the medical providers you visit located? (Choose only one.) Edgecombe Beaufort Martin Sampson Scotland **Bertie** Franklin Moore Bladen Gates Nash Tyrrell Brunswick Granville **New Hanover** Vance Camden Greene Northampton Wake Carteret Halifax Onslow Warren Chowan Harnett Pamlico Washington Columbus Hertford Pasquotank Wayne Craven Hoke Pender Wilson Cumberland Hyde Perquimans The State of Virginia Currituck Johnston Pitt Dare Jones Richmond Duplin Lenoir Robeson Other (please specify)

North Carolina County Map



	In the previous 12 months, were you ever worried about whether your family's food uld run out before you got money to buy more? (Choose only one.)
	Yes
	No
	Don't know/not sure
	If a friend or family member needed counseling for a mental health or a drug/alcohol use problem, who is the first person you would tell them to talk to? (Choose only one.)
	Private counselor or therapist Don't know
	Support group (e.g., AA. Al-Anon)
	School counselor Pastor/Minister/Clergy
	Other (please specify)
	Does your household have working smoke and carbon monoxide detectors? (Choose ty one.) Yes, smoke detectors only Yes, both Don't know/not sure
	Yes, carbon monoxide detectors only
	No
per	Does your family have a basic emergency supply kit? (These kits include water, non-ishable food, any necessary prescriptions, first aid supplies, flashlight and batteries, 1-electric can opener, blanket, etc.)
	Yes
	No
	Don't know/not sure
If ye	es, how many days do you have supplies for? (Write number of days)

	aster or emergency? (Check only one.)	orma	ation from authorities in a large-scale
	Television		Social networking site
	Radio		Neighbors
	Internet		Family
	Telephone (landline)		Text message (emergency alert system)
	Cell Phone		Don't know/not sure
	Print media (ex: newspaper)		
	Other (please specify)		
con	If public authorities announced a mandatory nmunity due to a large-scale disaster or emergeck only one.)		·
	Yes (if Yes, skip to question #46)		
	No		
Ш	Don't know/not sure		
45. one	What would be the main reason you might n	ot ev	racuate if asked to do so? (Check only
	Lack of transportation		Concern about leaving pets
	Lack of trust in public officials		Concern about traffic jams and inability
	Concern about leaving property behind	to g	get out
	Concern about personal safety		Health problems (could not be moved)
	Concern about family safety		Don't know/not sure
	Other (please specify)		
1			

Part 7: Demographic Questions

The next set of questions are general questions about you, which will only be reported as a summary of all answers given by survey participants. Your answers will remain anonymous.

46.	46. How old are you? (Choose only one.)						
	15-19		40-44		65-69		
	20-24		45-49		70-74		
	25-29		50-54		75-79		
	30-34		55-59		80-84		
	35-39		60-64		85 or older		
47.	What is your gender? (Choo	se or	nly one.)				
	Male						
	Female						
	Transgender						
	Gender non-conforming						
	Other						
48. Are you of Hispanic, Latino, or Spanish origin? (Choose only one).							
	I am not of Hispanic, Latino or	Spa	nish origin				
	Mexican, Mexican American, o	or Ch	icano				
	Puerto Rican						
	Cuban or Cuban American						
	Other Hispanic or Latino (pleas	se sp	ecify)				

49.	What is your race? (Choose only one).
	White or Caucasian
	Black or African American
	American Indian or Alaska Native
	Asian Indian
	Other Asian including Japanese, Chinese, Korean, Vietnamese, and Filipino/a
	Other Pacific Islander including Native Hawaiian, Samoan, Guamanian/Chamorro
	Other race not listed here (please specify)
50.	Is English the primary language spoken in your home? (Choose only one.)
	Yes
	No. If no, please specify the primary language spoken in your home.
51.	What is your marital status? (Choose only one.)
	Never married/single
	Married
	Unmarried partner
	Divorced
	Widowed
	Separated
	Other (please specify)

52.	Select the highest level of	of ed	ucation you have	e ach	ieved. (Choose only one.)
	Less than 9th grade					
	9-12th grade, no diploma	ì				
	High School graduate (or	GED	D/equivalent)			
	Associate's Degree or Vo	ocatio	onal Training			
	Some college (no degree	!)				
	Bachelor's degree					
	Graduate or professional	degr	ree			
	Other (please specify)					
53.	What was your total ho	useh	old income last y	year,	before	taxes? (Choose only one.)
	Less than \$10,000				\$35,00	0 to \$49,999
	\$10,000 to \$14,999				\$50,00	00 to \$74,999
	\$15,000 to \$24,999				\$75,00	00 to \$99,999
	\$25,000 to \$34,999				\$100,0	00 or more
54.	Enter the number of inc	divid	luals in your hou	ısehol	ld (incl	uding yourself).
55.	What is your employme	ent si	tatus? (Check all	that	apply.)	
	Employed full-time		Disabled			Unemployed for 1 year or less
	Employed part-time		Student			Unemployed for more than 1 year
	Retired		Homemaker			
	Armed forces		Self-employed			

	you have access to the Internet at home (including broadband, wifi, dial-up or ar data)? (Choose only one.)
Y	es es
□ N	0
D	on't know/not sure
	optional) Is there anything else you would like us to know about your community? e feel free to tell us below.

Thank you for your time and participation!

If you have questions about this survey, please contact us at will.broughton@foundationhli.org.